

share!



Have you got something to Share? Email us at: share@grace-eyre.org

OPEN TOP BUS TOUR



LAST ISSUE OF SHARE!

This is the last issue of Share! for a while as our funding has ended. We're looking for sponsorship and applying for grants for future editions so if you have stories or news you'd like to share or if you're interested in writing or being an editor for Share! please email us: share@grace-eyre.org

Share! editor, James Grantham, said; "I hope they raise more money for Share! so it will start up again because I want to show other people what I've done. The magazine is good for all my friends so they can see places to go to."



Share! administrator and co-ordinator, Karen Askew, said; "I've really enjoyed working on Share! The editors have done some amazing work and I'm very proud to have been part of it all. Well done to all of them! I'd also like to say a very big thank you to Michele for all her hard work in putting the magazine together. Share has been a fantastic project and it would be nice to see more editions in the future".

Share! designer, Michele, said; "I've loved working with everyone at Share! and I'm very proud of the magazines that we've made together as a team. The editors have been so enthusiastic and have written such great stories. I hope they inspire other people who'd like to write for Share!"

OPEN TOP BUS TOUR

James Grantham toured Brighton on an Open Top Bus

OPEN TOP BUS TOUR



On Friday April 15th I went on an Open Top Bus tour of Brighton which Grace Eyre arranged. There were lots of people who went on it including the Mayor and Mayoress!

The last time I went on the Open Top Bus I got a certificate, a pencil and a rubber from the Mayor. It was a sunny day and I enjoyed it so I was looking forward to going on it again.

If you would like to book it for a group outing you have to arrange it with the bus company. I think others would enjoy it!

The City Sightseeing Hop On & Off tour has 12 stops with departures every 30 minutes and your ticket is valid for 24

hours. The City Sightseeing leaflet has tokens for discounts off food at Café Rouge, Strada and Carluccio's, discount entry to the Sealife Centre and the Royal Pavilion. There are also Twilight Tours on Sat 27th & Sun 28th Aug!

Where? Starts at Brighton Pier, opposite Pool Valley Coach Station

When? Daily from 17th Apr until 18th Sept 2011, a non-stop tour lasts about 50 minutes

01273 886 200

www.city-sightseeing.com

Cost? Adult: £8, child (5-15yrs): £3, senior (60+): £6, student (with valid student ID): £7, family (2 adults + up to 3 children): £18



OPEN TOP BUS TOUR

WHAT IS SHARE?

Share! is a magazine for people with learning disabilities. It tells you what's going on and how to meet and make new friends. We're helping each other out and we hope you enjoy reading Share! If you have any stories, events or news you would like to include in future issues of Share! please email them to us. If you would like a different version of Share! * please email: share@grace-eyre.org

* For copies of the magazine contact any of the partners.

FEEDBACK FROM PEOPLE WHO HAVE SEEN SHARE!

"I really like the pictures, there are some really good ideas and it's easy to read." Hala Exander

"There's a lot that goes into it and it's really nice to read. It's very, very nice." Brenda Warren

"It's been brilliant to see such a service user led newsletter. I've enjoyed reading all the stories and reports on events." David Matthews

MEET THE SHARE EDITORIAL TEAM!



Faye Cooper:

"I enjoy socialising, going to the cinema and I'm a member of the Brighton Cougars

basketball team. I enjoy doing music and drama with Spiral. I go to the Media group and I did a Christmas Party radio show on Brighton Free Radio and radio recording at the BBC in February. I'm also learning Spanish. I was an editor for Share! for four issues."



James Grantham:

"I'm an editor for Share! I think I've done well interviewing people and showing my badge for Share! magazine. I like interviewing people and taking photos. I liked writing and taking photos for the Open Top Bus story for this issue."



Jon Schachter:

"I've really enjoyed working for Share! I'm still working at the Library every

Thursday and presently I am taking French and Portuguese courses at BHASVIC which I really enjoy doing. I have joined the Active Lives newsletter group since I have really liked helping with Share!"



Steven Osborne:

"I liked being a news editor for Share! and wrote lots of articles about sports and places to visit. I like football, going out and having fun and spending time with my friends."

If you would like to be a Share! sub editor please email us at share@grace-eyre.org

The Share! editors are highly committed to the project and an LDDF grant has enabled them to receive a wage for the hours they give to the project. Any reporters who get an article published will also receive a payment for their work.



BRIGHTON FESTIVAL

By James Grantham

The guest director of the **Brighton Festival 2011** was Aung San Suu Kyi, the Nobel Peace Prize winner and leading human rights campaigner whose message was *Use Your Liberty To Promote Ours*.



AUNG SAN SUU KYI



CHILDREN'S PARADE

The Children's Parade was very packed and colourful, I thought it was really good. This years theme was *The Rights Of The Child*.

People who live in Brighton & Hove or who visited the festival could make Paper Lotus Flowers to remember the 2,100 political prisoners in Burma. They could download instructions from the festival website and then add their flower to the installation in the Foyer Bar.

www.brightonfestival.org



LOTUS FLOWER INSTALLATION



OUTSIDER ARTISTS EXHIBITION

Art exhibition at Grace Eyre for the Brighton Festival

Grace Eyre was one of the venues included in the Seven Dials Artists Trail this year during the Brighton Festival in May with an inspiring collection of works. These were created by some of Brighton & Hove's finest Outsider artists, featuring animation, batique, glass, drawings and paintings, mosaics, photographs, pottery, prints, puppets, sculptures and textiles. Visitors could also relax and enjoy refreshments in the Angel Cake Café and have fun taking part in the open day craft workshops every Saturday.

Butterflies and masks by: Valerie Rowe, Muriel Hunt, Judith Cole, Jean Cowburn, Dennis Daughtree and Ian Thompson.

Birdhouses by: Peter Cutts, Brenda Warren, Brenda Allen, Becky Ellis, Edna Guy, Pam Newnham, Stuart McCallion and Christopher Monk.

✉ Grace Eyre, 36 Montefiore Road, Hove, East Sussex, BN3 6EP

☎ 01273 201900

💻 www.grace-eyre.org



BIRDBOUSES



BRIGHTON MUSEUM & ART GALLERY

Couture Brighton is part of Brighton Fashion Week 2011. Some of Brighton's best known fashion designers have worked together to produce nine new dresses that demonstrate the skills of the Couturier. They will be displayed in the Costume Gallery at Brighton Museum.

✉ **Where?** Royal Pavilion Gardens, Brighton BN1 1EE
 🕒 **Open:** Tue-Sun: 10am-5pm from 1st June-3rd July
 Closed Mon (exc Bank Holidays)

£ **Cost:** Free, but there is a charge for some exhibitions

☎ 01273 294930

💻 www.brighton-hove-rpml.org.uk/Museums



BRIGHTON MUSEUM

♿ **Accessible?** Yes wheelchair access, a lift and fully accessible toilets. Tactile tours can be booked for groups of visually impaired visitors, and sign language interpreted group tours are available for the hard of hearing. Group tours must be booked in advance.

ROYAL PAVILION

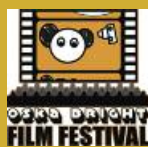
Dress For Excess: Fashion In Regency England looks at the life of George IV through fashions of the late Georgian period.

🕒 **Open:** now until Feb 2012

£ **Cost:** Adult: £9.80, child: (5-15 years) £5.60, concession: £7.80, B&H resident: £4.90

☎ 03000 290900

💻 www.brighton-hove-rpml.org.uk/RoyalPavilion



OSKA BRIGHT 2011

Films & Digital Media Festival

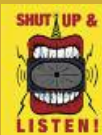
When? Daytime & evening, 22nd, 23rd, 24th Nov 2011
Where? Corn Exchange, Church Street, Brighton
Cost? £1 per person per screening. For details check the website from July
www.oskabright.co.uk

BLUE CAMEL CLUB



BLUE CAMEL CLUB

When? Four times a year
 Next one: 7-10pm, 20th Jun, then 26th Sept & 12th Dec 2011
Where? The Corn Exchange, Church St, Brighton, BN1 1UE
Cost? £4 (carers free)
 Sarah Hamlett, Event Co-ordinator, Carousel 01273 234734
sarah.hamlett@carousel.org.uk
Accessible & friendly? Yes
Feedback? Feedback is very positive and over 400 people attend each club



SHUT UP & LISTEN! RADIO SHOW

The **Shut Up And Listen! Radio Show** is broadcast at 8pm on the last Thursday of every month, with repeats every week. Listen to the show on 97.2fm in Brighton, or online at www.radioreverb.com Or download a podcast at: www.shutupandlisten.org.uk



MATTHEW & STEPHEN IN ADELAIDE

OSKA BRIGHT ON THE ROAD

By Matthew Hellett

Matthew Hellett and Stephen Firshman have been in Australia for six weeks showing films from Oska Bright and teaching people how to make films.

We have just finished our second residency in Adelaide - it was very successful! The 14 young people that we worked with were really lovely and nice. They made a silent movie style film that they called *Dr Spot Makes Cat Burgers*.

EDITING A FILM



Everyone in the group was very enthusiastic and lively - full of ideas for film making! We made a script with them, and showed them how to use cameras. We spent a long time showing the young people different camera angles and shots that you can use in film making like an over the shoulder shot. As usual we used Flip Cams and everyone found them easy to use and said that they would buy one.

We showed lots of films from the Oska Bright archives - the young people found them funny, interesting and said that they got some ideas for their own films.

At the end of the week, everyone said they wanted to make another film - which is really good. This means that Oska Bright is influencing people in the right ways and that film making is having a positive effect on the young people in Australia that maybe didn't have the skills and knowledge before.

One thing I found difficult was that the place we filmed in was a big institution where over 200 people with learning and physical disabilities lived. It reminded me of the old 'Mental Handicap' hospitals that we used to have in the UK. It made me feel sad for the people that live there. I'm glad that these places have all nearly closed down in the UK, and I hope we never see them again here.

Watch the films we made in Australia at www.uscreen.co.uk and read more about our trip at www.disabilityartsonline.org.uk/Oska_Bright_On_The_Road

SEAFORD

How I spent my birthday weekend by Juliet Senker

On Saturday 15th January, my brother Jonathan, my inlaw Jackie and I all went to Seaford for the weekend. We went out for dinner in a restaurant. I stayed in a guest house / bed & breakfast called Silverdale. The room, called Tidemills, was on the ground floor.

On Sunday we went for a long walk to the Seven Sisters. We went to the tea room for a drink and I had tea. We went to the pub for lunch and I had a burger in a

bun, chips and lemonade. On Monday evening I went to Wagamamas for dinner with my friends Martin, Sheryl and Caroline, a member of staff, to celebrate my 42nd birthday.

🚌 Buses from Brighton to Seaford: 12, 12a, 12X, 13X, N12

Silverdale Guest House

✉ 21 Sutton Park Road, Seaford, East Sussex, BN25 1RH

☎ 01323 491849

💻 www.silverdaleseaford.co.uk

Wagamama

✉ 30 Kensington Street, Brighton BN1 4AJ

☎ 01273 688 892

💻 www.wagamama.com

SEVEN SISTERS



CARE CO-OP'S ECO CHATEAU IN FRANCE

A group of 16 people from Grace Eyre will once again be setting off for a fantastic working holiday at the Care Co-Op's Eco Chateau in France.

This exciting project funded through the Leonardo Grant will offer people a two week experience of working in catering and horticulture.

Following on from last years trip, some of the participants

hope to go this year as volunteers helping others to do the jobs required.

Its not all work though as the group will experience lots of local attractions and sights, including local cuisine and of course the local wines!

Many of last years group regularly talk about how great the trip was and how welcome the chief executive, Charley Turner, and the Care Co-Op team made them all feel.

Care Co-Op

✉ **Where?** Unit 5, Westergate Business Centre, Westergate Road, BN2 4QW

☎ 01273 685300

💻 www.careco-ops.org.uk

ECO CHATEAU



DIANA MILLS



COSTA COFFEE

By Diana Mills

They sell lots of different types of coffee, tea, hot chocolate, sweet snacks and light meals such as panini sandwiches. I go there quite a lot - I like it. It can get a bit crowded and noisy. I think the staff are helpful and friendly. They always bring your drinks to the table if you want them to.

✉ **Where?** 13-14 George Street, Hove, BN3 3YA. Buses stop on Church Road or Blatchington Road. There are Blue Badge designated parking bays in Blatchington Rd and Haddington Close (next to George St with access through the alley opposite Costa, towards Tescos)

🕒 **Open:** daily

☎ 01273 325097

♿ **Accessible?** Yes, wheelchair accessible, with wide doors and plenty of space to move around. There's lots of signs to tell you where everything is, but none with pictures for people who don't read. The counter is too high for anyone in a wheelchair to see over, although the staff are always very helpful. It can get a little noisy at times with music playing and the place has a lot of echo. It can get very busy at lunchtime and weekends - it might not be the best place if you prefer peace and quiet. The accessible toilet is clean and well laid out, with plenty of room.

ERIC & JON SCHACHTER



MY BROTHER & ME

By Jon Schachter

My brother, Eric, who resides in Harlem, New York, came to visit our mum and me for three months. He stayed with mum (who lives in London).

Eric and I did a lot together. We saw films Social Network, The King's Speech, True Grit, The Fighter and Brighton Rock and also a musical production. Eric is a freelance film director which is why we went so often to the cinema.

THE FIGHTER



Eric was in a play called Paradise Lost where I saw the whole rehearsal. Eric was great!

Many times Eric and I went out to eat, and once we made a curry together which was a great success. On Christmas day (or eve - I can't remember which) we made a huge roast turkey dinner. Thanks to my brother, I can now use U-Tube! I had a great time with Eric and I really miss him - what a guy!

SHOWTIME!

James Grantham asks Kayleigh Colburn and Megan Greenworth about the show they put on to raise money for Cancer Research

Why did you want to raise money for Cancer Research?

In March my uncle passed away due to cancer.

What did you do to raise money?

I held a variety show at Portslade Community College and children from different classes performed dancing and singing. This was my first show.

How long did it take you to plan?

I went to the Head Teacher in January with a plan and she agreed. The show was held on Friday 25th March, 2011.

Did you have any help?

Different members of staff, my friend Megan and a small group of year 10s helped me. It was the first show performed at the school.

KAYLEIGH & MEGAN



How did it go on the night?

All the tickets were sold out! Lots of people bought cakes that my friend made.

Did you perform?

No I didn't perform, I worked the lights and the sound.

How much money did you raise?

I raised £572.77 which went directly to Cancer Research.

Are you pleased with what you did and how it went?

I'm really pleased with how it went and it went very smoothly.

Would you like to do any more fundraising events?

Yes we're planning another one now. We're doing the next one for Help For Heroes. This is for injured soldiers and their families.

Would you like to help us?

Yes we would love to help you - we could get everyone here to take part in a show!

NEW SUSSEX WIDE CHARITY



The aim of the Tony Barnard Foundation is to support people in whatever way we can. The Foundation

will raise funds that can be distributed to open doors for some and take the pressure off others. None of the money raised will go to employ people – all the money raised will be to provide direct support or to offer individuals, groups or families

opportunities to enhance their quality of life. We will aim to support people with learning disabilities to enable them to be more independent and to have the opportunity to participate in the community in which ever way they choose.

Contact: Jenny Barnard Langston
 ✉ Copwood House, 24 Bolsover Road, Hove, BN3 5HP

☎ 01273 774415 / 07816520505

💻 www.tonybarnardfoundation.org.uk

KEITH PURCELL



MARATHON MAN

James Grantham chats to Keith Purcell about running in the Brighton Half Marathon and the Brighton Marathon

How long have you been taking part in the half marathon?

I've been doing it every year for 3 years so this was my 4th time.

Do you get medals for it?

Yes, everyone gets a medal and sometimes a goodie bag too!

How long is a half marathon?

It's 13 miles long. I'm also did the full marathon for the first time to

raise money for Travel Buddy (£500). I really enjoy running and so I'll keep doing marathons for as long as I'm fit.

What was the weather like?

The weather was really good.

How were your legs next day?

My legs ached for the rest of the week but I liked the marathon anyway.

BRIGHTON & HOVE ALBION FOOTBALL STADIUM

Paul, Annie, Ray, Hugh, Becky, Brenda, Rosemary, James and Naomi visited the site of the new football stadium

On Thursday 14th April, we stopped by the building site of the new Brighton & Hove Albion stadium in Falmer. The stadium is still being built but the outside will be finished on May 6th. Work on the inside start soon afterwards. From looking



at the outside, Rosemary said; "It's alright" and Hugh added, "It would be good to look inside."

James observed; "It's nearly finished and it's getting ready."

✉ **Where?** Falmer, Brighton

☎ 01273 695 400

💻 www.seagulls.co.uk

£ **Cost?** Check the website for different ticket prices

♿ **Accessible?** Yes when it's completed.

FALMER STADIUM



PADDLE ROUND THE PIER 2011

Paddle Round The Pier is the largest annual free beach festival in Europe. As well as the main Paddle Round The Pier event in the sea there is also plenty of fun things to see and do on land with live music in the Brunswick Big Top, a tea dance, skateboarding and BMX ramps, climbing walls, kids activities, stalls and alfresco restaurants.

PADDLE ROUND THE PIER



🕒 **When?** Sat 2nd & Sun 3rd July

✉ **Where?** Hove Lawns on Brighton & Hove beachfront

£ **Cost?** Free

💻 www.paddleroundthepier.com

♿ **Accessible?** Yes there is a Disability Accessibility Beach with Surf Life Saving GB helping people with physical disabilities have access to the sea. There are balloon-wheeled wheelchairs specially designed for beaches and for going into the sea. There is decking on the pebbles to allow easy access and specific WC and changing facilities. Get more details from: disability@paddleroundthepier.com

BALLON WHEELED CHAIRS



DONATELLO'S ITALIAN WORD SEARCH COMPETITION



Win a fantastic meal at Italian restaurant **Donatello!** Fill out the word search puzzle, add your name and contact details, then cut out and send to: Karen Askew, Share! Admin, c/o Grace Eyre, 36 Montefiore Road, Hove, BN3 6EP. The winner will be picked at random.

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| E | A | H | P | O | R | N | N | T | R | Z | F | T | N | N |
| N | M | G | I | U | G | P | I | H | E | A | P | Y | R | N |
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WORDS TO FIND

Mark these words on the grid above and tick the boxes next to the matching photo.



BOLOGNESE

CAPPUCCINO



ESPRESSO

LASAGNE

MOZZARELLA

OLIVES



PASTA

PIZZA

SPAGHETTI

TAGLIATELLE

YOUR NAME: _____

YOUR TELEPHONE NUMBER: _____



STAY UP LATE SURVEY

The **Stay up Late Campaign** is run by Heavy Load, the UK's only punk band made up of musicians with and without learning disabilities.

Lots of people come to our gigs, but they can't stay out late to watch us. They have to go home early because their staff finish work at 10pm. Heavy Load are fed up with this! We think people with a learning disability have the right to stay up late and have some fun!

Since starting Stay Up Late we've been amazed at how far the word has spread, and also been sad at what a widespread issue it is for people with learning disabilities because they are not being able to make enough choices about the way they live their lives.

We wanted to find out what impact Stay Up Late has had so far, to help us to plan what we're doing next, so we asked people with learning disabilities, friends / family and support providers/ organisations to fill in our survey. Check our website for the results.

Next Stay up Late event

Heavy Load playing live

🕒 **When?** 16th June

✉ **Where?** Constitutional Club, 107 High St, Lewes, BN7 1XS

🌐 <http://stayuplate.org>

