

Learning Disability Development Fund (LDDF) Progress report



Name of project: It's My Plan

Project Lead: Mark Richardson

Sub Group overseeing project: PCA group

Project Targets from original bid:

- To work with 16 people with learning disabilities in a series of 14 creative workshop sessions
- To explore the concept of ownership of Person Centered Plans
- To work on the life stories of the participants
- To develop a wish list (in musical form) for the future ambitions of participants
- To create a CD of music for each participant and a compilation CD of all the music produced to be used as a resource across the City to inspire people with learning disabilities and their staff in the Person Centered Planning process.

How the project will do this work:

Carousel will recruit a group of 16 participants with learning disabilities who use day services across Brighton and Hove.

Each group of 8 participants will take part in a series of seven workshops lead by 4 musicians with and without learning disability from Carousel's Shut Up and Listen! Music programme.

Through music, over the course of the series of workshops, the participants will explore their life stories, their future plans and how they want to use their Personal Plans to inform their lives.

All of the participants will record the songs and music they create onto a CD

How much 2009/10 LDDF money the project gets: £10,200.00

Name of person completing this report:

Julia Roberts (Carousel, Programme Manager)

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What the project has done in April through July 2009:

This project has not yet started. Recruitment will begin in September 2009