

Brighton & Hove Big Health Service Check 2011

What People Told Us About Their Health Services

Every year we do the Big Health Service Check. This tells us how well our local health services are doing at helping people with a learning disability.

In 2011 we used a questionnaire to find out what people think of their health services. We had a questionnaire that people with a learning disability could fill in. We had another questionnaire that carers and staff who support people with a learning disability could fill in.

We asked questions about lots of different health services.

This year 72 people with a learning disability sent us back a questionnaire. 66 carers or staff sent us back a questionnaire. If you want to know everything that people told us you can read the big report, it is on the healthy lives page of the partnership board web site:

<http://www.brightpart.org/healthy.php>







This report will tell you the main things people told us.





We use stars to help you see what people told us. Each star counts as 10% of the people who answered that question. This is an example:



This means 70% of the people who answered this question said this was true for them.

What Did We Find Out?

<u>Information about the people who filled in questionnaires</u>	
A lot of carers were aged between 18 and 60 years old	
A lot of people with a learning disability were aged between 18 and 60 years old	
Almost all carers/staff said their ethnicity was White.	
Almost all people with a learning disability said their ethnicity was White.	
A lot of carers and staff said the person they support lived with their own family.	
A lot of people with a learning disability said they lived in supported living or residential homes.	

<u>What People Said About GP Practices</u>	
A lot of carers/staff said the person they support has enough time when they go to the GP surgery.	
A lot of people with a learning disability said they have enough time when they go to the GP surgery.	
A lot of people with a learning disability said they had been for their annual health check.	
A lot of carers/staff said the person they support had been for their annual health check.	
A lot of people who got a health check also got a health action plan.	
Some carers/staff said the person they support got a health action plan.	
Some people said they can see the same doctor or nurse when they go to the GP practice	
A few people said they could have longer appointments	
Some carers/staff said the person they support can see the same doctor or nurse when they go to the GP practice	
Some carers/staff said the person can have longer appointments	
Some also said people did not get any extra help from the GP practice.	

<u>What People Said About Hospitals</u>	
Some carers/staff said the person they support had been to hospital in the last year	
Some of them said the hospital had been good at helping people with a learning disability	
Some people with a learning disability said they had been to hospital in the last year.	

A lot of people said the hospital had been good at helping them.	
Some carers/staff said they had help from the learning disability liaison nurses	
A lot of people said the liaison nurses were good at helping people with a learning disability.	
Some service users said they had help from the learning disability liaison nurses	
A lot of them said the liaison nurses were good at helping them.	

<u>What People Said About Being Healthy</u>	
Some people with a learning disability said their support worker at home helps them to be healthy	
A few people said their family or GP/Practice Nurse helps them to be healthy.	
Some people with a learning disability said their GP practice had given them information about healthy eating	
A few had been given information about healthy weight.	
Some carers/staff said the person they support had been given information about healthy eating.	
Some carers/staff said the person they support had been given information about healthy weight.	
A lot of people with a learning disability said they get a lot of help to choose healthy food	
A lot of carers/staff said the person they support gets a lot of help to choose healthy food.	
Some people with a learning disability said they get a lot of help to be active.	
Some carers/staff said the person they support gets a lot of help to be active	

Some people with a learning disability said they get a lot of help cook meals.	
Some carers/staff said the person they support get a lot of help to cook meals.	
A lot of people with a learning disability said they knew who to ask for help with these things.	
Some carers/staff said they knew who to ask for help with these things	
A few carers did not know who to ask for help with these things	

<u>Questions for Carers & Staff Only</u>	
A lot of carers/staff said they have been involved in making decisions about the health care of the person they support	
Some of the carers/staff supporting a person who was over 18 years old had been asked to agree to medical treatment for that person. The Mental Capacity Act says this should not happen.	

<u>General Comments About Health Services</u>	
Some of the comments made about health services were positive.	
Some of the comments made about health services were negative.	

Thank you for reading this report.

Natalie Winterton
Health Facilitator, Community Learning Disability Team
August 2011