



# Speak Out Training Project

Would you like to learn the skills to help  
Train staff in services?

Are you interested in making services better for  
people with learning disabilities?



Speak Out is running a **new course** for a group of people with learning disabilities who want to become trainers. They will learn the skills to work with Speak Out staff to run training sessions for staff in services.

The training will be about the lives of people with learning disabilities. We want the training to help staff to:

- Understand your experience and views
- Know how you want to be supported
- Think about how they can make services better for people with learning disabilities

If you are interested in finding out more or applying to the course please fill out the application form attached and return it to Speak Out by **18th December 2011**

## When is the course?

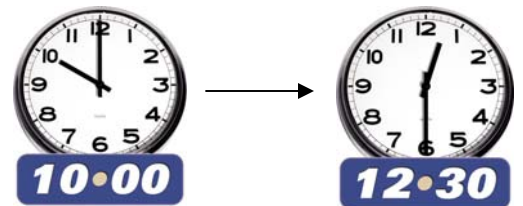
The course will run on Friday mornings for 12 weeks

Starting **Friday Jan 13<sup>th</sup> 2012**

The last session will be on **Friday 30<sup>th</sup> March 2012**

## What time?

10am – 12.30pm



## Where will it take place?

The course will take place at the **Speak Out office**  
Emmaus, Manor road, Portslade



## How can I join the course?

Please fill out the application form and send it back to Speak Out by **18th December 2011**



If you do not have anyone to help you fill out the form please call Emily or Ingrid at Speak Out on **421921**



# Application Form

## Joining the Speak Out Training Project

Your name.....

Where do you live?.....

.....

Phone no: .....

Mobile no: .....

Emergency contact.....

If you get support, which service gives you support?

.....

Do you have any health or support needs we should know about?

.....

.....

Can you travel on your own by bus to the Speak Out office?

Yes / No

(We have a limited amount of funding for taxis to get to the course)

PTO



Please tell us why you would like to do the course

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.....  
.....



Have you got any experience of....

- Talking to groups of people about your life

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.....



- Training people

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Is there any thing else you want to tell us?

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There are only 8 places on the course. We will contact people who are interested in joining the course to talk about to them more about it.

Please return this form to:

**Speak Out Training Project**  
**Emmaus, Drove Road**  
**Portslade BN41 2PA**

