

Proposed Project:

What is the name of the proposed project?

Simply Health booklets

Please give a brief description of the proposed project:

To use money to print 5000 copies of a small booklet that gives general health and health promotion information in an easy read format. These leaflets would be given to local health services to use, including GP practices, the Community Learning Disability Team (CLDT), and local health promotion services. The CLDT will give out the booklets during every intervention to help raise awareness of good health and raise awareness of the support services available.

What are the name and contact details of Organisation that would deliver the project?

Healthy Lives Sub-group – in particular Cath Scott and Natalie Winterton

Cath Scott – Modern Matron for Learning Disabilities

Cath.scott@sussexpartnership.nhs.uk

Natalie Winterton – Health Facilitator

Natalie.winterton@brighton-hove.gov.uk

Community Learning Disability Team

86 Denmark Villas, Hove, BN3 3TY

Does your organisation currently receive funding from Brighton & Hove city council? YES - CLDT is part BHCC funded. Healthy lives sub group does not received BHCC money

If yes, please briefly describe what funding you receive already: CLDT is an integrated health & social care service

Priorities:

Which of the four priorities would your project meet? How will the project meet these priorities?

Improved equality through access to mainstream services – the leaflets will help mainstream health services to provide information on important health promotion messages in an easy read way. This will help them to better support and communicate with people with a learning disability who use their services. The leaflet also gives information on some mainstream health services that people can use.

Prevention of the need for support/increased need for support – the leaflets tell important health promotion messages in an easy to understand way, encouraging healthy lifestyle choices and promoting good physical and mental health. Poor health can have an effect on all areas of your life, with better health and information about where to get help you can encourage independence.

Criteria

Please explain how your project would meet all of the following criteria.

1. What are the benefits and outcomes?

(What would your project achieve for people with learning disabilities and how will you show evidence of the benefits?)

The booklet will give people good information about being healthy – it will help them understand simple things they can do to improve their health, and where to get help if they need it. Being healthy is a good thing for everyone. Having 5000 booklets would help to make sure that as many people as possible could get a copy over an long period of time.

2. What is the added value of the project?

(The something extra this project would do that is not being done already)

The booklet would mean that important health promotion information is available in an easy to understand way in our local health services. This information is available, but in different places, and not always in an easy read format. If we can print lots of the booklets we can make sure that every GP practice in the City, and other important health services, have some good easy read health information and can use it to help people with a learning disability be healthy. We can also make sure that as many provider services as possible get this information to share with people they support.

3. How would you make sure the project can be set up and money spent by March?

The booklet has already been developed, and we have information on the cost of printing. We could spend the money quickly to print the booklets, and then be able to get the leaflets sent to places when they are ready.

4. What is the on-going benefit?

(The benefits, effects or learning that continues after March 2011)

The booklet can help with lots of different health needs. The booklet doesn't just tell you about things that are happening now; it will be helpful for a long time. The amount of leaflets we want to get also means that we will have enough supplies for at least 24 months if not longer.

Funding:

How much LDDF money does your proposal need in 2011-2012? (Maximum £20,000 per project)

£823.00

What would the funding be spent on?

Print costs for 5000 booklets

Is there anything else you want us to know?

We can show you an example of the booklet if you want to see it.